

**Declaration of Helsinki:**

The Declaration of Helsinki is an important guide for medical research ethics. It was created in 1964 by the World Medical Association to prevent unethical experiments like those done by Nazi doctors during World War II

The Declaration of Helsinki outlines ethical principles for conducting medical research involving human participants. It emphasizes the importance of informed consent, rigorous risk assessment, and the responsibilities of researchers. The central focus is the protection of participants and overall well-being throughout the research process